















Ce document présente les allergènes naturellement présents dans nos produits.  
Fabriqués dans la même cuisine, ils peuvent cependant en contenir des traces.

| DÉSIGNATION      | Gluten  | Moutarde  | Oeuf  | Fruits à coques   | Soja  | Lait  | Lupin  | Sulfites  | Sésame  | Mollusques  | Poissons  | Crustacés   | Arachides   | Céleri  |
|------------------|---|---|---|---|---|---|--|---|---|---|---|---|---|---|
|                  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ESPRESSO         |   |   |   |   |   |   |  |   |   |   |   |   |   |   |
| NOISETTE*        |   |   |   |   |   | X   |  |   |   |   |   |   |   |   |
| AMERICANO        |   |   |   |   |   |   |  |   |   |   |   |   |   |   |
| CAPUCCINO*       |   |   |   |   |   | X   |  |   |   |   |   |   |   |   |
| LAIT CHAUD*      |   |   |   |   |   | X   |  |   |   |   |   |   |   |   |
| LATTE*           |   |   |   |   |   | X   |  |   |   |   |   |   |   |   |
| FLAT WHITE *     |   |   |   |   |   | X   |  |   |   |   |   |   |   |   |
| MOCHA*           |   |   |   |   |   | X   |  |   |   |   |   |   |   |   |
| CHOCOLAT CHAUD*  |   |   |   |   |   | X   |  |   |   |   |   |   |   |   |
| THES & INFUSIONS |   |   |   |   |   |   |  |   |   |   |   |   |   |   |















\* possibilité d'avoir du lait d'amande bio ou du lait de soja.

|                            |   |  |   |   |   |   |  |   |  |  |  |  |  |  |
|----------------------------|---|--|---|---|---|---|--|---|--|--|--|--|--|--|
| MOUSSE AU CHOCOLAT         | X |  | X | X | X | X |  |   |  |  |  |  |  |  |
| JE REVE D'OREO®            | X |  | X | X | X | X |  |   |  |  |  |  |  |  |
| MANGO & COCO CHIA PUDDING  |   |  |   | X |   |   |  | X |  |  |  |  |  |  |
| MATCHA & COCO CHIA PUDDING |   |  |   | X |   |   |  | X |  |  |  |  |  |  |
| STARLIGHT FRUITS ROUGES    |   |  |   |   |   | X |  |   |  |  |  |  |  |  |
| STARLIGHT STRACCIATELLA    |   |  |   |   | X | X |  |   |  |  |  |  |  |  |
| YAOURT IT MYLK             |   |  |   |   |   | X |  |   |  |  |  |  |  |  |
| FROMAGE BLANC 0% GRANOLA   | X |  |   | X |   | X |  |   |  |  |  |  |  |  |

|                   |  |  |  |   |  |  |  |  |  |  |  |  |  |   |
|-------------------|--|--|--|---|--|--|--|--|--|--|--|--|--|---|
| CALIFORNIA GREEN  |  |  |  |   |  |  |  |  |  |  |  |  |  | X |
| RED ROOTS         |  |  |  |   |  |  |  |  |  |  |  |  |  |   |
| MAGIC PAM         |  |  |  |   |  |  |  |  |  |  |  |  |  |   |
| CHOCO BON         |  |  |  | X |  |  |  |  |  |  |  |  |  |   |
| REBOOT            |  |  |  |   |  |  |  |  |  |  |  |  |  |   |
| CARRIBEAN PASSION |  |  |  |   |  |  |  |  |  |  |  |  |  |   |
| DEEP RED          |  |  |  |   |  |  |  |  |  |  |  |  |  |   |
| DAILY BOOST       |  |  |  |   |  |  |  |  |  |  |  |  |  |   |

|                                       |   |  |   |   |   |   |  |  |  |  |  |  |   |  |
|---------------------------------------|---|--|---|---|---|---|--|--|--|--|--|--|---|--|
| COOKIE CHOCOLAT AU LAIT               | X |  | X |   | X | X |  |  |  |  |  |  |   |  |
| COOKIE GRANOLA                        | X |  | X | X |   | X |  |  |  |  |  |  |   |  |
| COOKIE CHOCOLAT NOIR                  | X |  | X |   | X | X |  |  |  |  |  |  |   |  |
| CARROT CAKE                           | X |  | X | X | X |   |  |  |  |  |  |  | X |  |
| BANANA CAKE                           | X |  | X | X |   | X |  |  |  |  |  |  |   |  |
| ULTRA CHOCO CAKE - GATEAU AU CHOCOLAT | X |  | X | X | X | X |  |  |  |  |  |  |   |  |
| MUFFIN DOUBLE CHOCO                   | X |  | X | X | X | X |  |  |  |  |  |  |   |  |
| MUFFIN COCO FRAMBOISE                 | X |  | X |   |   |   |  |  |  |  |  |  |   |  |
| MUFFIN POMME CANNELLE                 |   |  | X | X |   |   |  |  |  |  |  |  |   |  |

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|----------------------|---|---|---|---|---|---|--|---|---|---|---|---|---|---|
|                      |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <b>TARTES</b>        | TARTE SAUMON EPINARD  | X   | X   | X   |   | X   |  |   | X   |   | X   |   |   | X   |
|                      | TARTE RICOTTA TOMATES CONFITES  | X   | X   | X   |   | X   |  |   | X   |   |   |   |   | X   |
|                      | TARTE LORRAINE  | X   | X   | X   |   | X   |  |   | X   |   |   |   |   | X   |
| <b>PLATS CHAUDS</b>  | CREAMY SPINACH LASAGNA  | X   | X   | X   |   | X   | X  |   | X   |   |   |   |   | X   |
|                      | FUSILLIS CREMEUSE AUX LEGUMES   | X   | X   | X   |   | X   |  | X   | X   |   | X   |   |   | X   |
|                      | TAJINE DE POULET  | X   | X   | X   | X   | X   | X  |   | X   | X   |   |   |   | X   |
|                      | BOWL VEGAN CAJOU  | X   | X   |   | X   | X   |  |   | X   | X   |   |   | X   | X   |
| <b>D'HIVER</b>       | RACLIGHT  | X   | X   |   |   | X   |  | X   | X   |   |   |   |   | X   |
|                      | HOT CHAMPI  | X   | X   | X   |   | X   |  | X   | X   |   | X   |   |   | X   |
|                      | DIRTY CAULI   | X   | X   | X   |   | X   |  | X   | X   |   | X   |   |   | X   |
|                      | COMFORT TOFU  | X   | X   |   | X   | X   |  |   | X   | X   |   |   | X   | X   |
| <b>INTEMPORELLES</b> | OMEGA CRUSH   | X   | X   |   | X   | X   |  | X   | X   |   | X   |   | X   | X   |
|                      | MEDITERRANEAN MIX   | X   | X   |   |   | X   | X  |   | X   | X   | X   |   |   | X   |
|                      | CHICKEN AVOCADO   | X   | X   |   | X   | X   |  | X   | X   |   |   |   | X   | X   |
|                      | GREEN PASTA   | X   | X   | X   | X   |   | X  |   | X   | X   |   |   | X   | X   |
|                      | AVO CESAR   | X   | X   | X   |   |   | X  |   | X   | X   |   | X   |   | X   |

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|-------------|--------|----------|-----|-----------------|------|------|-------|----------|--------|------------|----------|-----------|-----------|--------|
|-------------|--------|----------|-----|-----------------|------|------|-------|----------|--------|------------|----------|-----------|-----------|--------|

| SAUCES | HUILE D'OLIVE/ + CITRON    |   |   |   |   |   |   |   |   |   |   |   |   |   |
|--------|----------------------------|---|---|---|---|---|---|---|---|---|---|---|---|---|
|        | HUILE D'OLIVE + BALSAMIQUE |   |   |   |   |   |   | X |   |   |   |   |   |   |
|        | SAUCE JOUR                 | X | X |   |   |   |   | X | X |   |   |   |   | X |
|        | SAUCE CAESAR               | X | X | X |   | X |   | X | X |   | X |   |   | X |
|        | SAUCE LEGERE               | X | X |   |   | X |   | X | X |   |   |   |   | X |
|        | SAUCE PESTO                | X | X | X |   | X |   | X | X |   |   |   |   | X |
|        | SAUCE MISO                 | X |   |   |   | X |   | X | X |   |   |   |   |   |
|        | SAUCE TAHINI               | X | X |   |   | X |   | X | X |   |   |   |   | X |
|        | SAUCE UK                   | X | X |   |   |   |   | X | X |   | X |   |   | X |
|        | SAUCE SPICY CASHEW         | X | X |   | X | X |   | X | X |   |   |   | X | X |
|        | SAUCE BLUECHEESE           | X | X | X |   |   | X |   | X | X |   | X |   | X |

| TOPPINGS                | PETIT EPEAUTRE / PATES BIO                         | X |   |  |   |   |   |   |   |  |   |  |   |   |
|-------------------------|--|---|---|--|---|---|---|---|---|--|---|--|---|---|
|                         | HOUMOUS DE CAROTTES                                | X | X |  |   |   |   |   | X |  |   |  |   | X |
|                         | FALAFEL AU CURCUMA                                 | X | X |  |   |   |   |   | X |  |   |  |   | X |
|                         | JAMBON BLANC                                       |   |   |  |   |   |   |   |   |  |   |  |   | X |
|                         | BACON / JAMBON FUME                                |   |   |  |   |   |   |   |   |  |   |  |   |   |
|                         | FILET DE THON                                      |   |   |  |   |   |   |   |   |  | X |  |   |   |
|                         | PAVE DE SAUMON                                     | X | X |  |   | X |   | X | X |  | X |  |   | X |
|                         | FETA/GRANA PADANO/COMTE/MOZZARELLA/TOMME AU POIVRE |   |   |  |   |   | X |   |   |  |   |  |   |   |
|                         | CROUTONS   | X | X |  |   |   |   |   | X |  |   |  |   | X |
|                         | AMANDES/NOISETTES                                  |   |   |  | X |   |   |   |   |  |   |  | X |   |
|                         | CHIPS DE PITA                                      | X |   |  |   |   |   |   |   |  |   |  |   |   |
|                         | GRAINES DE COURGE                                  |   |   |  |   |   |   |   |   |  |   |  |   |   |
|                         | KALE MARINÉ  | X | X |  |   | X |   | X | X |  |   |  |   | X |
|                         | OIGNONS FRITS                                      | X |   |  |   |   |   |   |   |  |   |  |   |   |
|                         | CONCOMBRES MARINES                                 | X | X |  |   |   |   | X | X |  |   |  |   | X |
|                         | LEGUMES ROTIS                                      | X | X |  |   |   |   |   | X |  |   |  |   | X |
|                         | POIS CHICHES MARINES                               | X | X |  |   |   |   |   | X |  |   |  |   | X |
| PETIT PAIN DE CAMPAGNE  | X  |   |   |  |   |   |   |   |   |  |   |  |   |   |
| PETIT PAIN AUX CEREALES | X  |   |   |  |   |   |   | X |   |  |   |  |   |   |

Seules les épices de nos soupes contiennent des traces d'allergènes :

| SOUPES | SOUPE BROCOLIS COURGETTES | X |   |  |  |  |  |  | X |  |  |  |  | X |
|--------|---------------------------|---|---|--|--|--|--|--|---|--|--|--|--|---|
|        | SOUPE DE LENTILLES        | X | X |  |  |  |  |  | X |  |  |  |  | X |
|        | SOUPE DE BUTTERNUT        | X | X |  |  |  |  |  | X |  |  |  |  | X |